



**Life Drawing** every Friday until 16 Dec, re-starts 13 Jan  
10.30 am - 1 pm

**Chinese Brush Painting Taster session** with Lisa Class  
Saturday 10 Dec, 10 am - 12 noon

**Left Bank** with Michael Elsmere  
Saturday 10 Dec, 10 am - 1 pm

**Children's Christmas Art Workshop** with David & Jane Hasell  
Saturday 10 Dec, 12 noon - 1.45 pm & 2.15 - 4 pm

## New Arts Classes & Workshops 2012

**Watercolour Classes** with Rob & Siân Dudley  
Mondays: 9 Jan - 26 March 2012, 9.30 am - 12.30 pm & 1.15 - 4.15 pm

**Left Bank** with Michael Elsmere  
Saturdays: 14 Jan, 11 Feb, 10 March, 14 April, 12 May, 9 June 2012  
10 am - 1 pm

**Pastel Workshops** with Keith Stott  
Sundays: 10 am - 4 pm  
Spring Classes - 22 Jan, 5 & 19 Feb, 4, 17 & 18 March, 1, 22 & 29 April, 13 & 27 May, 17 June, 1 July 2012

**A Brush with Colour: Putting the Life into Still Life**  
with Roger Dennis  
Saturday 28 Jan, 10 am - 4 pm

**First Steps towards Abstraction** with Anita Reynolds  
Thursdays: 5 Jan - 23 Feb 2012, 10 am - 1 pm

**Journeys: The Development of Ideas** with Ian Carr  
Tuesdays: 17 Jan - 21 Feb 2012, 6.30 - 8.30 pm

**Adventures in Drawing** with David Hasell  
Tuesdays: 31 Jan - 13 March 2012 (no session 14 Feb), 10 am - 1 pm

## Dance & Singing Classes

**American Tribal Style Bellydance** with Kay Isaac  
Thursdays: 7 - 8.30 pm. Re-starts 12 Jan - 9 Feb 2012

**Harbour House Singers** with Vicky Hadland  
Alternate Tuesdays 5 - 6.30 pm until 13 Dec 2011. Re-starts 10 Jan 2012

## Other Classes & Services

We offer a wide range of activities and classes including:  
Counsellors - Hetti Dysch Sally Hunt Jenny Seear Lisa Warwick  
Healing Course with Helen Loxton - 28 & 29 Jan 2012  
Holistic Therapies

LETS Market - 1st Saturday morning each month, March - Dec (not Aug)

**Happy Birth Days - Antenatal Classes** with Helen Swan  
Saturday: 17 Dec 2011. Saturday 18 and Sunday 25 Feb 2012, 10 am - 4 pm

**French for Babies & Toddlers** with Jessica Bow  
Thursdays: 12 Jan - 5 April 2012, 2 - 4 pm

**Wisdom of the Tale 2012** with Ann Yeoman  
Monthly meetings, 12 noon - 3 pm

**The Angels' Perspective of 2012** with Ros Place  
Tuesday: 17 Jan 2012, 7.30 - 9.30 pm

**Explore Water on the Water** with Lynne Kenderine & Dave Halsall  
Tuesday: 24 Jan 2012, 9.30 am - 4.45 pm

**The Birds and Natural History of the Garden**  
with Gordon Waterhouse, Chris Pierce & Bryan Ashby  
Tuesdays: 21 Feb - 20 March 2012, 2 - 4 pm

**Astrology Talk - Return of the Light** with David Matthews  
Saturday: 4 Feb 2012, 10.30 am - 1 pm

## Volunteer Gallery Stewards

Would you like to help the young artists of the area?  
We are looking for volunteers to help steward our annual

**Primary Colours Exhibition - 18 Jan - 4 Feb 2012**

**Kingsbridge Community College:  
Year 12 & 13 Art & Photography Students - 6 - 10 March 2012**

If you are able to steward for 1 or 2 half day sessions  
then we would love to hear from you.

Please call Emma on 01548 854708

**Harbour House VegetarianCafé**  
Open Monday - Saturday from 10 am

## Yoga, Pilates, Tai Chi, Meditation

**Yoga:** Ann Wildish Alexis  
Chloe Garland Leila Seel  
Lucie Minne Martina Edmonds  
Sheila Coombes Stephen Harding

**Pilates:** Karen Marshall Jacqui Perks

**Meditation:** Helen Loxton Meditation Retreats

**Tai Chi:** Derek Bates

**Kung Fu:** Bill Spraggs

**Thai Yoga Massage:** Paritosh Peachey

**Yoga Workshops** **Timetable of all classes**

## Open Art Exhibitions 2012

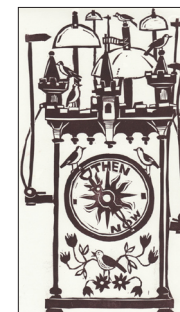
Harbour House offers two Open Art Exhibitions each year,  
usually with a given theme.

These exhibitions offer an excellent opportunity to new or emerging artists  
to show work alongside more established artists, who also often enjoy  
the challenge of responding to new subject matter.

In 2012, our Open Art Exhibitions are:

**Turning Point:**  
24 March - 18 April

**Blue:**  
20 Oct - 10 Nov



Would you like to be kept up to date with new arts & yoga classes,  
exhibitions, events and informal gallery talks?  
We send out a monthly Arts e-bulletin and a quarterly Yoga e-bulletin.  
If so, please contact the office with your email address.

For up to date information about new classes, workshops and events,  
keep an eye on our website [www.harbourhouse.org.uk](http://www.harbourhouse.org.uk)

**If your details are incorrect, or you would like to be removed from  
our mailing list, please let us know.**